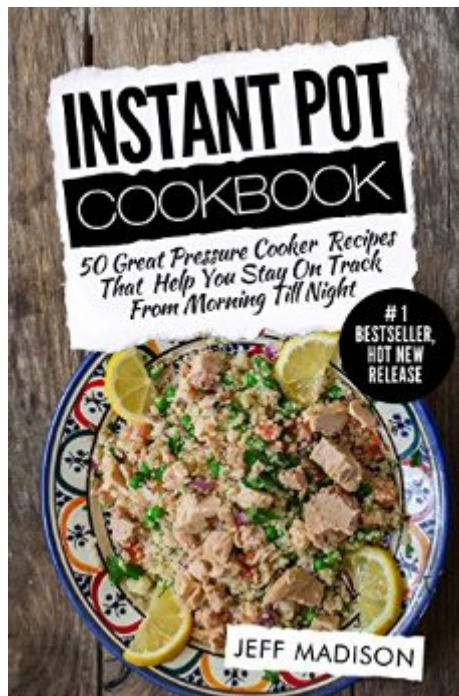


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Instant Pot Cookbook: 50 Great Pressure Cooker Recipes That Help You Stay On Track From Morning Till Night (Good Food Series)



Synopsis

Pressure cookers give âœfast foodâ • a whole new meaning! Instant Pot CookbookThe #1 Best-Selling Book in Rice & Grains CategoryâœThe best pressure cooker book you can buy!â •Christine GonzalezAre pressure cookers worth the effort?Nutritious, Delicious MealsTime-saverUseful Year-RoundReduced Energy UsageEasy Clean-UpTransportableCooking with a pressure cooker is a great way to save time and still prepare a healthy meal. Assemble the meal, transfer it to the pressure cooker, and get your dinner in less than 10 minutes.A pressure cooker cookbook you'll use day after day!These are simple, easy Instant Pot meals. Easy enough for busy weeknights, but filled with enough flavor for the relaxing weekends!FlavourfulStress-Free MealsWarm and ComfortingHealthy No-Fuss CookingGreat For a NewbieEasy Cook, Easier CleanLots of VarietyPerfect for AnyonePicky Children & Husband ApprovedSome Pressure Cooker Recipes Included In This Cookbook:Gluten Free Chicken and Bean ChiliNoodles and Chicken Soup Instant Pot Cheese CakeShredded Coconut ChickenChili Beef StewCranberry Cut OatsOatmeal Banana BrulÃ©Instant Pot YogurtChocolate CakeYou And Your Family Deserve To Eat Delicious And Healthy Fast Cooked Meals Every Night Of The WeekGet ready to start your Instant Pot while cooking up taste bud tempting dishes that you will enjoy making again and again. Scroll up and click the BUY NOW button at the top of this page! * Free Gift is included

Book Information

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Customer Reviews

I looked at a number of recipes; none of them made sense to me. Book mentions virtues of vegan eating, many of the recipe instructions include meat or butter, but generally they are not listed as ingredients. Here is a typical example of the instructions; stew (ingredients include carrots and turnip): Put water and bouillon cubes in the pressure cooker and bring to boil. Place green celery leaf, close the casserole and cook from the whisper 30 minutes. Allow to cool to ambient temperature, then put them in one bowl and place in the fridge overnight. Put everything into the cooker Close and leave 10 minutes. Open and serve all in one dish.

I sincerely appreciate this book because it has 50 recipes that will make use of an instant pot cooker. This cookbook has been done well too, with recipes detailed enough to include clear and comprehensive instructions, plus the appetizing pictures--everything has just been useful and helpful. I think that this book should stay in everyone's kitchen, for future reference and for a great helping hand too.

Wow! This is the most complete instant pot cookbook I've ever read! In this book you will learn a lot of delicious one pot recipes; the instructions on how to prepare those recipes are very easy to follow and understand, what I like more about this cookbook is. It is detailed, concise and well written; kudos to the author!

The blurb states several meat recipes are included. No recipe contains meat; all recipes are vegetarian. In addition, the recipes are badly written and formatted. I think the author is a speaker of a language that is not English and used Google Translate on the recipes. I'm glad I didn't pay for it; I got what I paid for.

I love this delicious instant pot cookbook very much. the 50 recipes are impressive. I brought this one for my mom as she have good passion in cooking. The main Advantage of this recipe book is that, it can be made within minutes. Cooking with a pressure cooker is a great way to save time and still prepare a healthy meal. Assemble the meal, transfer it to the pressure cooker, and get your dinner in less than 10 minutes. Authors Writing is so good as she is described it simply and in well

language. This book is fit for Everyone, since it uses follow easy steps of preparation. Overall this book is a good source for fast recipes that are rich in Nutrition. I love this one so much and recommended to everyone.

This essential guide includes a vast array of electric pressure cooker recipes for Breakfasts, Soups, Main Dishes, and Dessert! I really need to pay attention to foods that have very low carbs. This book is one of the best instant pot cookbooks in the market as it gives different types of low carb recipes that will lessen your carb intake that can make weight loss more easier. If you have been looking for a low carb diet book to help you follow a low carb diet, then this is the perfect book for you. I highly recommend this book to instant pot cooker owner and those who want to explore instant pot recipes that are well written. Great book, thanks to the author!!!

This book needs an editor. Some recipes have omissions and even the titles of the recipes need work, e.g. Pot Potato doesn't even list the meat as an ingredient but refers to it in the instructions. I am sure the recipes are okay but instructions are confusing. Mash the cauliflower you're cooking while lowering the pressure naturally is impossible if the cauliflower is inside the cooker. A cookbook needs to be precise.

I am constantly in a race against time, and preparing healthy meals for me is often impossible. Or more precisely, it was until I took the pressure pot. Now everything is much easier! Since I recently took the pressure pot, I'm still looking for good recipes. This recipe book is for me very useful. Here I find new recipes, but also a good idea to prepare meals. The recipes are correct and easy to follow. And what is most important for me, it's a very healthy and delicious. Sincere recommended!

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